





Elderly Day Care Centers



The Ministry of Labour and Social Development is currently supervising, within the framework of the community partnership, the operation of a number of elderly care (day clubs) for the elderly to host, take care of and rehabilitate the elderly people during the day-time amid residential districts in different governorates. These elderly day care centres offer different social, health, psychological and recreational care services as well as developing appropriate rehabilitation programs and services, benefit from their expertise and abilities, and work to integrate them into society and not to isolate them in old people's homes. These homes are managed within the community partnership project which aims to link the interests of groups and synergize scattered development efforts by leveraging the real partnership between civil society organizations, the private sector and the government through the adoption of initiatives and programs in the care provision areas and turn them into projects that contribute to sustainable social development.

In order to render such efforts successful and to provide excellent services for the elderly in the Kingdom, annual financial subsidy and support have been allocated for elderly care centres. This is along with paying, a number of field visits to elderly day care centres to follow-up work. In addition, training workshops were organized by the Elderly Care Section for those who work at the elderly day care centres

Day Clubs and Parent Homes are designated for the elderly in residential neighbourhoods, where they meet in the morning to benefit from the programmes offered to them.

Parent s Hom es & Day Care Clubs [1]	
Elderl Boo y klet [2]	

Home goals:



1. Providing different aspects of care for the elderly.
2. Reintegration of the elderly and enhance their communication with members of society.
3. Providing privacy for the elderly and not isolating them in private shelters.
4. Benefit from their experiences.

The day care homes offer a number of services and activities, including:

1- Social welfare programs



The social welfare programs are provided for the elderly hosted at such centres through following up and recording all the changes they undergo in order to achieve the best adaptation between them and the members of their families and their surrounding environment. These programs also work on keeping the elderly connected to their outside community through making outdoor visits and tours. Moreover, a daily program is prepared to show the offered services and to set times for social and recreational activities, as well as all other services. These programs are keen on providing comfort and stability for the elderly and allowing them to make the most of their stay in these homes.

2- Medical Services



A group of Bahraini volunteer doctors in various specialties have contributed to examine and treat those in need among those affiliated with this homes. In addition to the presence of a number of nurses who perform weekly periodic checks for diabetics and blood pressure patients, and a number of social researchers who chose to undertake the process of spreading health education and behavior.

3- Handicrafts



The elderly are allowed to exercise some simple handicrafts and hobbies. They receive required training as a leisure activity and to urge them to depend on themselves. In addition, this helps and encourages them activate and move their muscles to recover their motor skills naturally.

4- Recreational Activities

A range of recreational programs, activities and trips are undertaken in order to bring happiness and joy to the hearts of these elderly fathers and mothers. In addition, there are visits to meeting places and to patients in hospitals and homes, not to mention the revival of Ramadan nights, customs and traditions, and celebration of Eids. Moreover, the elderly are given the chance to go to Umrah make entertainment journeys outside the Kingdom of Bahrain, and to make visits to some work sites, such as factories and farms.

The necessary measures were taken to hold a community partnership between the Ministry of Labour & Social Development, Hamad Town Charity Fund and Markh Charity Fund to establish elderly care homes in Hamad Town and Al Markh during 2012. This was aimed to receive elderly parents and provide all the social, counselling, recreational, education and health services for the beneficiaries of both sexes.



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Links:

[1] <http://www.mlsd.gov.bh/sites/default/files/img/files/parentshome19.pdf>

[2] <http://www.mlsd.gov.bh/sites/default/files/img/files/01-NEW-%20AI%20Moosaneen.pdf>